



FOR IMMEDIATE RELEASE  
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## **SPONGE TO OFFER TWO FREE EVENTS FOR FAMILIES IN AUGUST CELEBRATING FOOD FROM AROUND THE WORLD**

**Dr. Susanna's World Baby Foods will taste-test cultural cuisines with the babies in attendance; older kids will make tasty vegetarian sushi**

**WHAT:** Sponge invites families to two free cultural events in August at its centers in Seattle and Issaquah, bringing the community together to celebrate tasty food from around the world. These celebrations are free and geared toward children ages 7 and younger and their families.

The event in Issaquah on Saturday, Aug. 28, will feature an array of arts and crafts projects and a chance for kids to make their own vegetarian sushi. Guests from Dr. Susanna's World Baby Foods will be on hand to entice the littlest of attendees with organic baby food based on cuisines from around the globe. As well, native-speaking teachers from Sponge will offer food-themed mini language classes in Mandarin, Spanish, French and Japanese.

In Seattle on Sunday, Aug. 29, children will also get hands-on experience making vegetarian sushi with teachers from Sponge. Guests from Dr. Susanna's World Baby Foods will be at this event as well, to offer samples of organic baby food in various cultural flavors. Craft projects for children of various ages will round out the afternoon.

**WHERE:**                      Sponge, Issaquah                      Sponge, Seattle  
375 N.W. Gilman Blvd.              3107 S. Day St.  
Issaquah, WA 98027                      Seattle, WA 98144

**WHEN:**                      Sponge, Issaquah                      Saturday, Aug. 28, 10 a.m. - noon  
Sponge, Seattle                      Sunday, Aug. 29, 10 a.m. - noon

**CONTACT:**                      RSVPs are recommended; please call 206-227-7138 or email  
events@spongeschool.com. To learn more, visit www.spongeschool.com.

**BACKGROUND:**              Sponge is a leader in children's language education, offering classes in Spanish, Mandarin, French and Japanese in its own centers and in before- and after-school programs throughout the greater Seattle area. Focused on children from birth through elementary school, native-speaking teachers teach language and culture through activities, stories, music, art and movement. For more information, visit www.spongeschool.com.

Dr. Susanna's World Baby Foods offers organic and nutritionally-balanced baby foods based on the cuisines of the world. The baby foods are preservative free, designed by physicians and favor local farmers. Diverse multicultural flavors help babies develop into healthier, happier, better eaters. To learn more, visit www.worldbabyfoods.com.

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**Sponge "Celebration of Food" Cultural Event for Families**

**WHAT:** Families are invited to two free cultural events in August at its centers in Seattle and Issaquah, bringing the community together to celebrate tasty food from around the world. The events will feature an array of arts and crafts projects, mini language classes, and a chance for kids to make their own vegetarian sushi. Guests from Dr. Susanna's World Baby Foods will be on hand to entice the littlest of attendees with organic baby food based on cuisines from around the globe.

Families are invited to a free cultural event in South Seattle, bringing the community together to celebrate tasty food from around the world. This event, at Sponge, will feature an array of arts and crafts projects, mini language classes, and a chance for kids to make their own vegetarian sushi. Guests from Dr. Susanna's World Baby Foods will be on hand to entice the littlest of attendees with organic baby food based on cuisines from around the globe.

Free cultural events for families celebrating food from around the world with crafts, language classes and veggie sushi-making. Dr. Susanna's World Baby Foods will offer organic baby food samples.

The "Celebration of Food" events will occur at Sponge's Issaquah location on Saturday, Aug. 28, from 10 a.m. to noon, and Sponge's Seattle location on Sunday, Aug. 29, from 10 a.m. to noon.

These celebrations are free and geared toward children ages 7 and younger and their families.

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